

# MONITORING MOOD IN BIPOLAR DISORDER

## AN ART-BASED QUANTITATIVE APPROACH



**RESEARCH  
PARTICIPANTS  
NEEDED!**

### YOU ARE ELIGIBLE

- \* If you are over the age of 18
- \* Have a diagnosis of bipolar disorder I or II, Cyclothymia, or experience persistent problematic mood swings

### YOU DO NOT NEED TO BE AN ARTIST

This study is not about artistic skill or style. We are interested in the ways your mood may show through your drawings.

### WHAT'S INVOLVED

#### OVER A 3 MONTH PERIOD:

- \* Create regular drawings in a visual journal and complete a short mood questionnaire with each drawing
- \* Participate in a 45 minute interview every two weeks

**WANT TO  
KNOW MORE?**

SCAN HERE



Curtin University

Curtin University human research ethics committee (HREC) has approved this study (HREC number HRE2025-0608)

*The results of this research project will be used by Catarina Castela to obtain a Doctor of Philosophy at Curtin University*